

From: "Congresswoman Michelle Fischbach" <MN07MF.Outreach@mail.house.gov>
Subject: An Update From Congresswoman Michelle Fischbach



January 5, 2026

Dear Friend:

Last week marked the final voting week of 2025. I am proud of the work that has been done to deliver real results for Western Minnesota. While these were the last votes of the year, my focus remains on the issues that matter most to our communities, and I look forward to hitting the ground running and continuing the fight for our district in the new year.

House Republicans focused on lowering costs and protecting our way of life. We passed the Lower Health Care Premiums for All Americans Act to provide permanent relief from skyrocketing medical costs, moving away from a broken system that benefits big insurance at the expense of families. We also took critical steps to protect our ranchers by delisting the gray wolf and strengthening our energy grid to ensure reliability.

Gray Wolf Delisting

Last week, the House passed the Pet and Livestock Protection Act. This bill requires the Secretary of the Interior to reissue regulations that would remove the gray wolf from the list of endangered wildlife, which is an

essential move to allow for protecting livestock and pets. I cosponsored and supported this legislation because of its importance to rural communities, particularly for farmers and ranching families across Minnesota.

Reducing Premiums for All Americans

I supported the Lower Health Care for All Americans Act to provide relief to families and small businesses struggling with rising medical costs. For too long, Washington has relied on temporary "band-aid" subsidies that only benefit a small fraction of the population.

This legislation addresses the root causes of high costs to lower premiums by an average of 11%. By empowering workers and the self-employed to negotiate better rates and providing employers with more flexibility to offer customized benefits, we are moving toward permanent solutions for 100% of Americans.

Lowering Energy Prices

I also focused on lowering energy prices to provide much-needed relief. Under Republican leadership, gas prices have already dropped to a four-year low, a stark contrast to the skyrocketing costs of heating oil and electricity we've faced over the last few years.

To maintain this momentum, I supported legislation this week to modernize the permitting process for natural gas pipelines and ensure our electric grid remains reliable for the long term. By repealing burdensome regulations and pairing these energy wins with the Working Families Tax Cuts, we are helping you keep more of your hard-earned money and ensuring your dollar goes further.

Meeting with the Chief Ag Negotiator



I had the privilege of meeting with Julie Callahan, the nominee for Chief Agricultural Negotiator, to ensure Minnesota's farmers and ranchers are the top priority in our trade agenda. I am specifically pushing for parity for our turkey producers within the USMCA, and I am leading a letter to the USTR this week to demand the same firm, predictable market access for turkey that other poultry products receive.

We also discussed the importance of holding China to its commitment to purchase 12 million tons of soybeans by the end of this year to restore market confidence. Finally, I addressed concerns regarding beef imports from Argentina. I've been clear with the Administration that any deal must protect our domestic producers from being undercut. I will continue to fight for trade policies that are fair, predictable, and beneficial to our district.

Mobile Office Hours

U.S. CONGRESSWOMAN
MICHELLE FISCHBACH
MINNESOTA'S 7TH DISTRICT

MOBILE OFFICE HOURS
Benson

**Meet with my staff to get
assistance with federal agencies**


**Friday,
January 23, 2026**


11:00 AM – 2:00 PM


Benson Public Library
200 13th Street N.
Benson, MN

Constituent Services:

- ATF applications
- FEMA programs
- FWS issues
- IRS/federal tax refunds
- Medicare & Medicaid
- Military records & service medals
- Passport issues
- SBA programs
- Service academies applications
- Social Security
- U.S. Citizenship and Immigration services
- USDA programs
- USPS issues
- Veterans services

My office will hold mobile office hours in Benson on Friday, January 23, 2026, from 11:00 a.m. to 2:00 p.m. at the Benson Public Library.

This is an opportunity for you to connect with my office, share your comments or concerns on policies, and ask questions. They can also help you with any issues you might be having with a federal agency. For questions regarding the mobile office hours, please contact my office at 320-403-6100.

What matters most to you?

I want to keep you in the loop on what Congress is doing about issues that matter to you. Please click on any and all of the following issues you would like to receive updates on:

- ☐ Agriculture
- ☐ Business
- ☐ Healthcare

☐ Law Enforcement☐ Local Government☐ Veterans☐ 2nd Amendment☐ Other (please specify)[Having trouble, click here to take Survey.](#)

Thank you for reading!

As always, my office is open and ready to serve constituents of Minnesota's Seventh Congressional District! Please do not hesitate to [get in touch](#) if there is anything I can do to help. Have a great week!

Sincerely,



Michelle Fischbach

Member of Congress

Please do not reply to this email, the mailbox is not monitored. To comment further please click [here](#).



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